JENNIFER Q. FITNESS

**2525 Cardiac Curve**

**College Station, TX 77840**

**Home: (xxx) xxx-xxxx**

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1/23/2014

Ms. Marianne Jackson, Fitness Director

Methodist Hospital Wellness Program

600 East Las Colinas Blvd.

Suite 2222, LB #123

Irving, TX 75039

Ms. Jackson:

I would like to make formal application for an internship with your clinical fitness program at Methodist Hospital. I am currently a senior level student in the undergraduate Applied Exercise Physiology program at Texas A&M University where I am completing my practicum semester. The experiences I have acquired in my curriculum here at A&M relate well to what you do in your program. For example:

* I have performed and interpreted numerous graded exercise tests with 12-leadECG.
* I have assessed the body composition of over 40 people using both skinfold and hydrostatic techniques and am familiar with DEXA assessments as well.
* As a technician in A&M’s FITLIFE program, I have tested over 20 police officers and fire fighters regarding their pulmonary function, flexibility, and muscular strength. I also have some experience in phlebotomy.

As you will note on my enclosed resume, I have maintained a part time job during most of my college years. For the last 2 Summers, I have been a member of the wait-staff at Don Pablo’s Mexican restaurant where I was recently promoted to assistant manager of the Saturday / Sunday weekend shift.

I realize that a resume and an application letter are very limited in describing the true skills and character of a person. Therefore, I would greatly appreciate the opportunity to discuss my qualifications for this position with you in a personal interview. Please feel free to call me at any time.

Sincerely,

Jennifer Q. Fitness

enclosure