

## RESOURCES FOR FURTHER READING IN EXERCISE PHYSIOLOGY AND FOR LAB REPORTS [MOST OF THESE ARE AT MEDICAL SCIENCES LIBRARY (WEST CAMPUS)]

### Annuals (published once/year)

*Perspectives in Exercise Science and Sports Medicine (1988-1996)*  
*Circulation Reviews*  
*Annual Review of Physiology*  
*Endocrine Reviews*

### Journals published monthly or weekly

<i>Acta Physiologica Scandinavica</i>	<i>Journal of Applied Physiology</i>
<i>American Journal of Clinical Nutrition</i>	<i>Journal of Cardiopulmonary Rehabilitation</i>
<i>American Journal of Cardiology</i>	<i>Journal of Clinical Endocrinology and Metabolism</i>
<i>American Journal of Physiology</i>	<i>International Journal of Sports Medicine</i>
<i>Circulation</i>	<i>International Journal of Sport Nutrition</i>
<i>Clinical Exercise Physiology</i>	<i>Medicine and Science in Sports and Exercise</i>
<i>Exercise and Sport Sciences Reviews</i>	<i>New England Journal of Medicine</i>
<i>JAMA (J. of the American Medical Association)</i>	<i>Physician and Sports Medicine</i>

### Additional Textbooks (best all-around exercise physiology texts in bold)

American College of Sports Medicine, *Resource Manual for Guidelines for Exercise Testing and Prescription* (4<sup>th</sup> edition), 2001 (MSL--WE103 A512ar)

Astrand & Rodahl, *Textbook of Work Physiology* (3<sup>rd</sup> edition), 1986 (EVANS--QP301.A23)

**Wilmore & Costill, *Physiology of Sport and Exercise* (3<sup>rd</sup> edition), 2004 (MSL—ask at desk)**

Foss & Keteyian, *Fox's Physiological Basis for Exercise and Sport* (6<sup>th</sup> edition), 1998 (EVANS--RC1235.F66 1998)

**McArdle, Katch & Katch, *Exercise Physiology: Energy, Nutrition and Performance*, 5<sup>th</sup> Edition-- 2001 (MSL—QT 260. M478e 2001)**

Pollock & Wilmore, *Exercise in Health and Disease: Evaluation and Prescription for Prevention and Rehabilitation* (2<sup>nd</sup> edition), 1990 (EVANS – RM725.P64)

**Powers & Howley, *Exercise Physiology: Theory and Application to Fitness and Performance* (5<sup>th</sup> edition), 2004 --- (Evans QP301.P64 2004)**

Wells, *Women, Sport and Performance* (2nd edition), 1991 (EVAN--AEY0702)

\*In stacks at **EVANS** =Evans Library, or **MSL** = Medical Sciences Library (west campus), with call #. **NOTE:** these call numbers have not been checked within last 6 months, some may have changed.